

DRAW

HAPPY



Easy prompts to find joy
through creativity

 *By Tilly*

RIZZOLI
UNIVERSE

YOUR GOAL FOR THIS BOOK



This book is your safe space to play and learn new techniques without any fear. Write down your reason for picking it up, whether that's developing your drawing skills or giving yourself time to explore your creativity, and come back to it whenever you need to.



WRITE HERE





COLOUR
ME IN

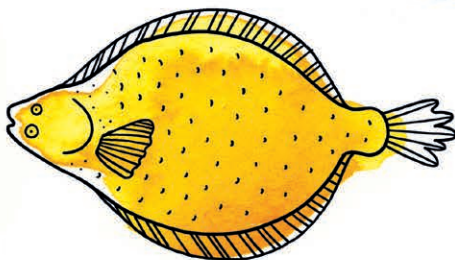
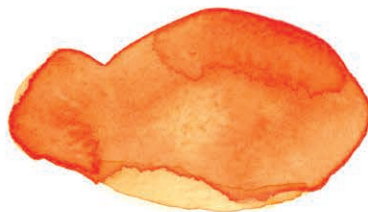
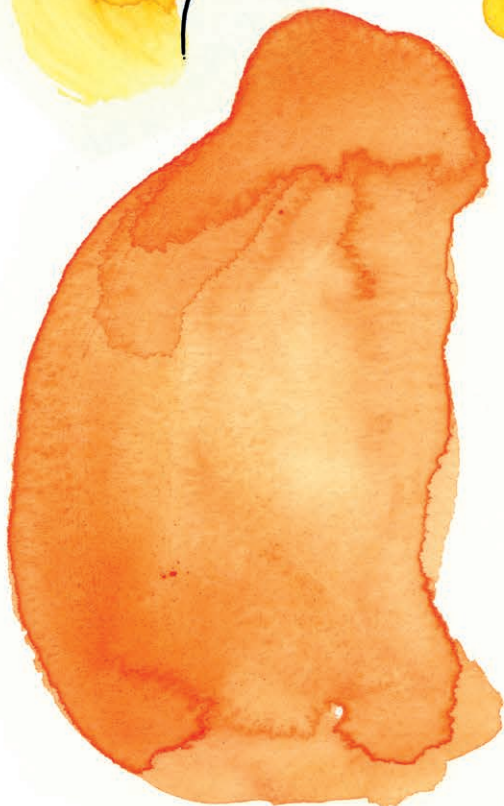
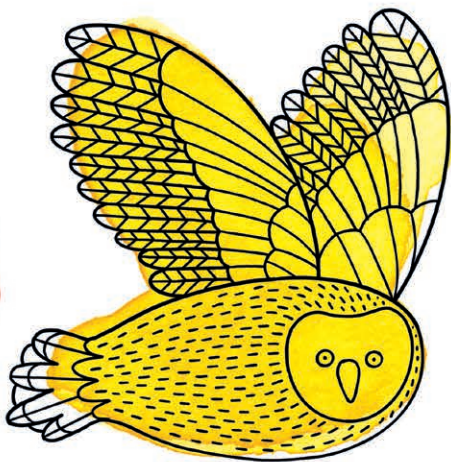
CONTINUE
THE DRAWING

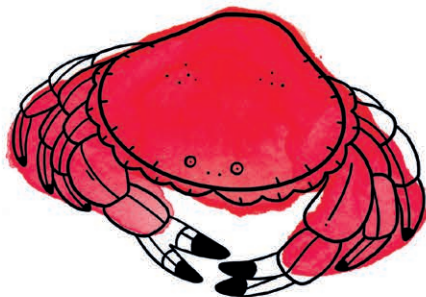
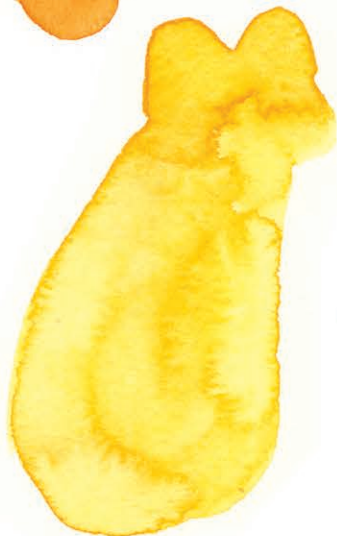
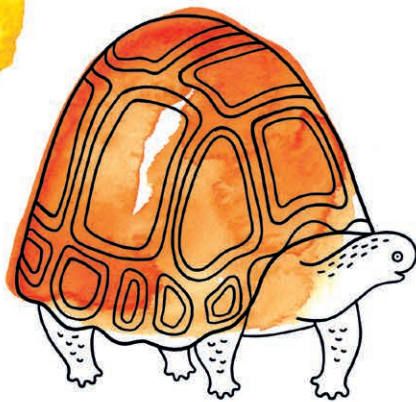
Play with various materials
to create interesting details
for the feathers. Experiment
with patterns, explore tone
or challenge yourself by limiting
your palette to just three colours!

FIND THE BEAUTY IN A BLOB



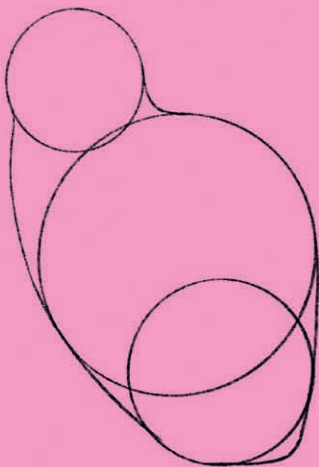
Use your imagination to create characters from these ink and watercolour shapes. Squinting can help your eyes capture a recognisable shape.



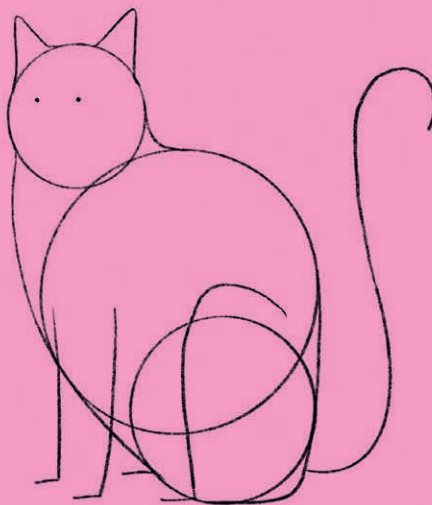


HOW TO DRAW A CAT

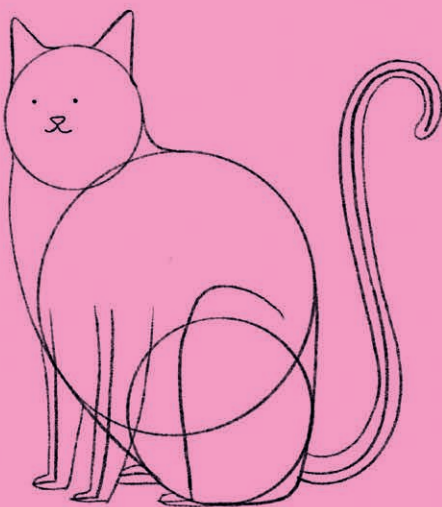
By breaking the process into simple steps and shapes, drawing your feline friends is a fun and relatively easy exercise. Whether that's drawing a sleek and elegant beauty or a chunky old fellow, use these steps to create charming portraits that show off their personality.



1 In pencil, draw a large and medium circle to create the body and a smaller circle above to form the face. Connect these circles with lines.



2 Add the legs including the way the back legs curve when sitting. Add a line for the tail and rough details for the ears and eyes.



3 Now we can outline the body, filling in its shape and adding thickness to the tail and legs, with their shape tapering towards the paws.



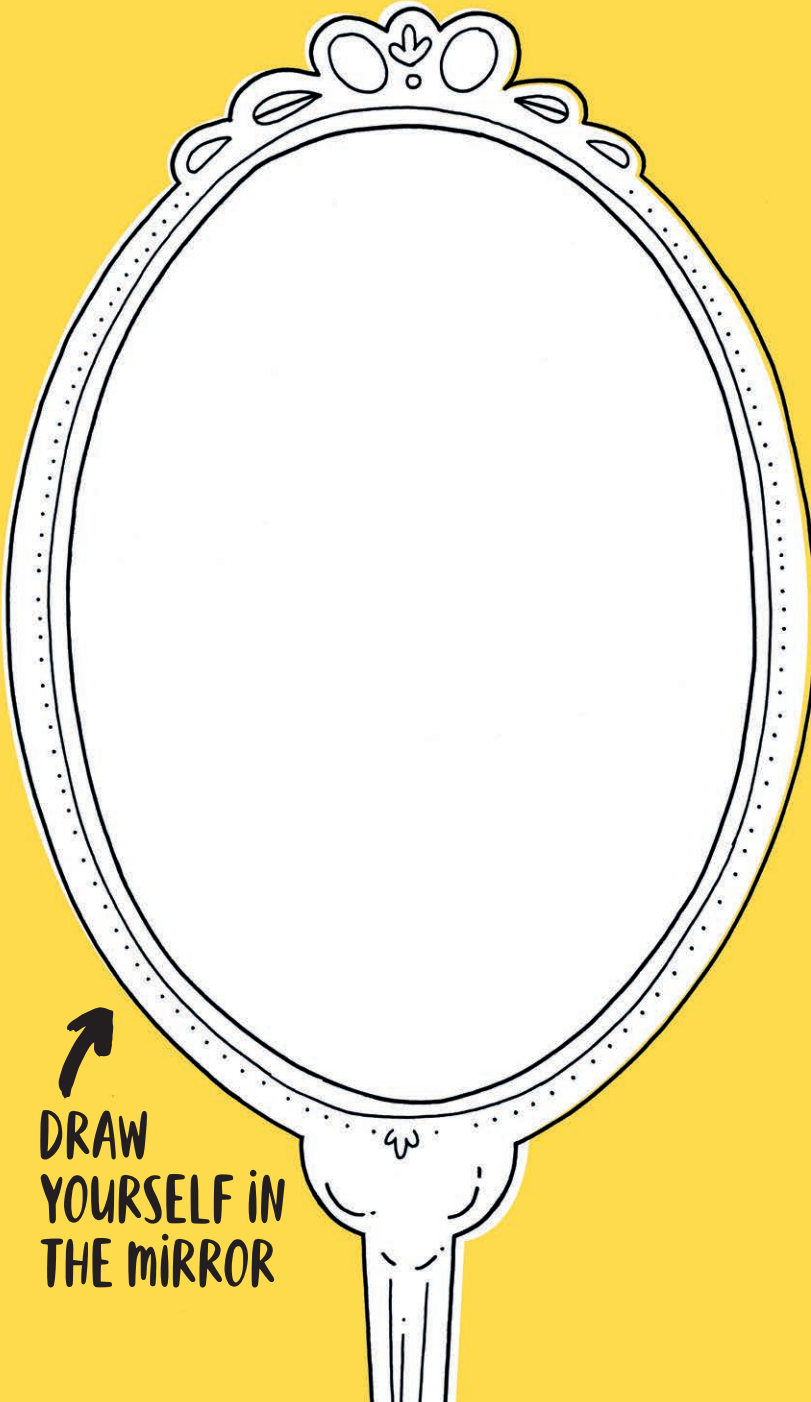
4 With a fineliner, draw over your pencil work, refining the lines and adding in the cat's details. Finish by rubbing out your pencil lines.

NOW YOU TRY



SELF-PORTRAIT

Drawing faces can be an intimidating task, but this four-step process can help. Keep practising and trust the process to develop your skills in drawing recognisable faces and emotions.



**DRAW
YOURSELF IN
THE MIRROR**



1 Draw an oval shape with a line down the middle and four equally spaced lines drawn horizontally.



2 The eyes line up with the top of the ears. The space between the eyes should be about one eye's width apart.



3 The end of the nose meets up with the bottom of the ears. The mouth is halfway between the nose and chin.



4 Rub out your pencil marks. Now, you can add the fun details to bring your character to life!

VISUAL FORAGING

What caught your eye this week? Take photos or collect the things that stood out to you and draw them here. Maybe you saw something hanging from an unusual place, or found an old armchair that had been left out as street treasure. This is a space to record what you find visually interesting.



1.

2.

3.

4.

5.

6.

7.

DRAW AND RECORD
A VISUAL FIND A DAY

