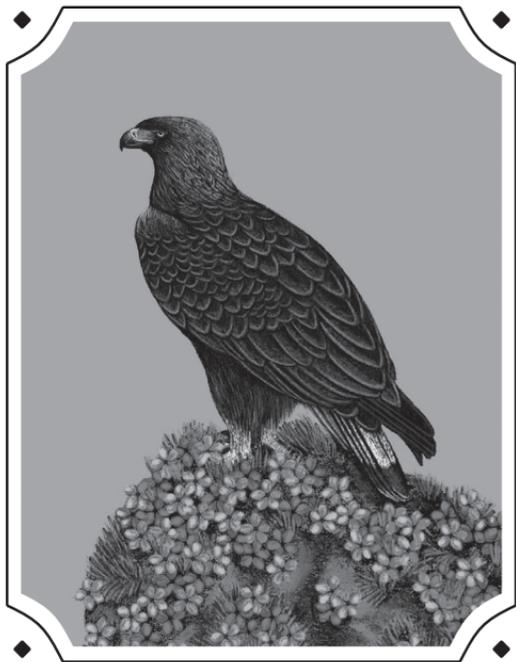




1

Golden Eagle

Strength and Leadership



Like many birds of prey, the golden eagle represents courage, power, hope, authority, and stamina. In Native American culture, it is associated with vision and leadership. As it flies higher and sees better than other birds, the golden eagle is considered the "Master of the Sky", with the ability to straddle both earthly and spiritual realms. The moss campion flower symbolizes resilience and interconnectedness, qualities which support the eagle's strength and status.

UPRIGHT

You may find it helpful to take a step back from an ongoing situation to reflect on the bigger picture. Focus less on small details. Take the lead and make far-reaching changes.

REVERSED

Stop holding yourself back. Set firm boundaries with anyone who wants to prioritize their needs over yours.

~ ASK YOURSELF ~

Am I coasting in any aspects of my work or personal life?

How could I communicate my point of view more clearly?

3

Heron

Balance and Patience



The heron was viewed as a messenger from the spirit world in many ancient cultures. With its ability to move in water, air, and on land, it has a powerful transformative energy. Native American tribes on the west coast of the United States consider the heron to be a symbol of good luck and prosperity when appearing close to their fishing waters. The heron's elegance and self-possession make it a peaceful presence, especially in conjunction with pickerelweed, which signifies tranquility and calm.

UPRIGHT

Open yourself up to new opportunities and make situations work in your favor. Have patience, even if things are moving slowly, and remain confident in your own abilities. Spend time with people who restore your inner peace.

REVERSED

You may have been struggling to find a balance in one or more aspects of your life. Slow down to help regain a sense of control.

ASK YOURSELF

Could I take a more consistent approach to managing close relationships?

When did I last embrace a moment of calm?

5

Dove

Peace and Reconciliation



The dove is recognized around the world as symbol of serenity and hope. Coupled with the olive branch, which has stood for peace and reconciliation in Western civilizations since at least the fifth century BCE, this pairing tells us that stability and calm are on their way. Doves are often released during marriage or funeral services, where the purity of their white feathers and freedom of flight demonstrate love and solidarity, and offer support for the spiritual journey of all present.

UPRIGHT

You have a gift for finding the positive in any situation. Continue to build strong personal connections by offering your hopeful and optimistic energy to those who need it.

REVERSED

Now is the time to find a resolution to an ongoing problem. Say goodbye to issues that have been troubling you. If you've been bearing a grudge, move on.

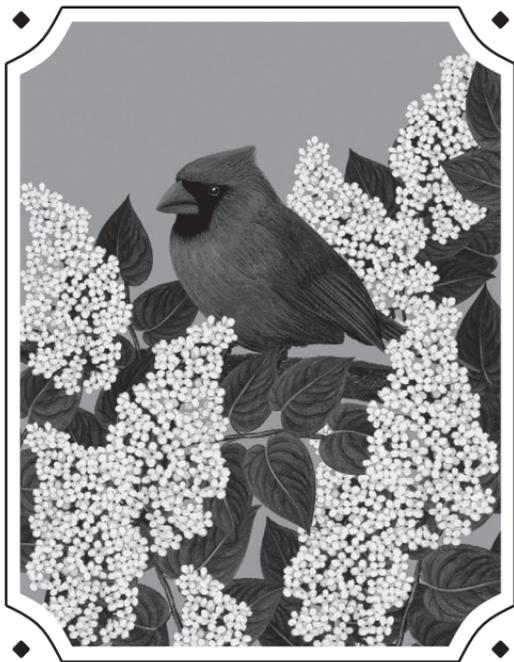
~ ASK YOURSELF ~

Would any of my old relationships benefit from a renewed attempt at reconciliation?

What do I appreciate most about my friendships?

Northern Cardinal

Faith and New beginnings



If there was ever a bird destined never to blend into the background, the northern cardinal is it. The male's eye-catching bright red feathers, crest, and beak are an energizing and uplifting sight, and some believe that when one crosses your path, new beginnings are about to unfold. Spiritually, this bird is often thought to represent someone who has moved to the afterlife, and their presence is a sign that they are still watching over their loved ones. The contrasting purity of the white lilac flower implies that the world is full of good omens, so long as people are open to noticing them.

UPRIGHT

Renewal is something to celebrate. Take advantage of opportunities that come your way and have faith that your optimism isn't misplaced. Accept your life's purpose and trust your choices.

REVERSED

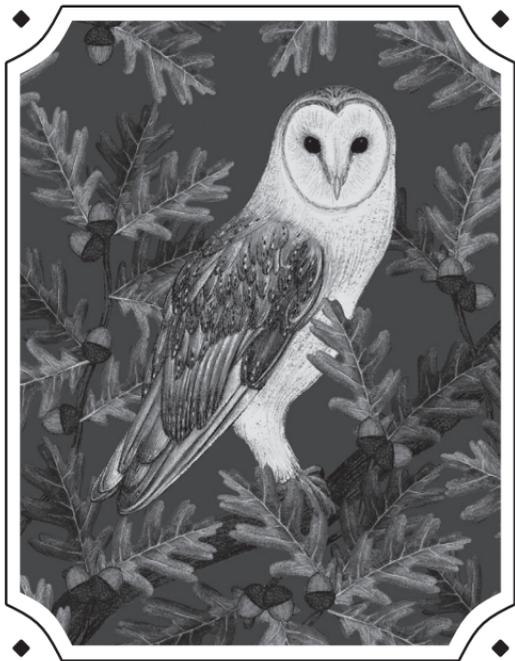
You might have been resisting change for fear of failure. Commit to not holding yourself back without good cause.

ASK YOURSELF

Would I embrace the chance of a fresh start?
Do the sights and sounds of nature bring me comfort?

Barn Owl

Wisdom and Perception



This distinctive bird – like the oak tree it sits on – has long represented qualities of wisdom, knowledge, and endurance. Frequently seen as a good luck omen, the owl serves as a protector and guide in ancient Greek mythology and represents Athena, the goddess of wisdom. In some cultures, folklore suggests that barn owl sightings are a portent of death or ill fortune, but most consider the owl to have the powers of prophecy and perception. Hunting efficiently and silently, barn owls have perceptive abilities worth aspiring to.

UPRIGHT

Someone you know may need your guidance and will appreciate your strategic insight to show them a clear path through thorny issues. Be generous with your knowledge and encourage them – or yourself – to explore truths arising from their ongoing spiritual or emotional journeys.

REVERSED

Consider becoming more attuned to your environment. Sometimes things are what they are – don't allow suspicion to cloud your judgement.

ASK YOURSELF

Have I been neglecting my personal growth goals?

What upcoming events should I start to plan for?